

Doctor touts using NADH for much more than cancer treatment

By Matt Canham
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Parker Jensen's father has a distrust of mainstream medicine, which he considers a business run by pharmaceutical companies.

"You go in the hospital, you get a one-size-fits-all treatment," Daren Jensen said. "That is not good enough for parents like us."

But according to its creator, Vienna physician George Birkmayer, the ENADA supplements that Parker is taking can be used to treat a host of conditions including cancer, Alzheimer's, Parkinson's, depression, stroke, heart disease and diabetes. Birkmayer also says the supplements will lower blood pressure, decrease cholesterol, counteract erectile dysfunction, improve blood flow, suppress hunger and slow the aging process.

He urges athletes to use the pills to help endurance and alertness. His lab has even created a topical form of ENADA that he says will smooth out wrinkles and give skin a new shine.

"Every cell gets more energy, therefore it works on all ailments," Birkmayer said. But most of the attention has come from studies conducted that show NADH, the active ingredient in ENADA, is effective in battling chronic fatigue syndrome and jet lag.

Other doctors say most of his claims are far from proven. Trained in biochemistry before getting his medical degree, Birkmayer first used NADH on a Parkinson's patient in 1988. After the patient received 20 mg intravenously, he stopped shaking almost immediately, but the results were not long lasting. Birkmayer conducted the test with his father, Walther, who was a Nazi doctor on the front lines in World War II and spent the rest of his life researching Parkinson's disease. Walther Birkmayer urged his son to create an absorbable form of NADH, which he eventually did.

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